



NUTS & BOLTS

AMSA MEMBER BULLETIN



MAY 2019

Nominations for Member-Elected Directors on the AMSA Board: NSW/ACT, TAS & NT/SA

At the most recent Board meeting, the AMSA Board identified three positions open for member election to be appointed at the 2019 AMSA AGM.

In order to comply with the AMSA Constitution the Board must comprise of Member-Elected Directors from at least three regions, in addition to Board Appointed Directors. This year's election is calling for nominations for Member-Elected Directors based in the regions of:

- New South Wales/Australian Capital Territory
- Tasmania
- Northern Territory/South Australia

Members of AMSA member Men's Sheds in these regions are invited to nominate, providing they meet the eligibility requirements.

Eligibility Requirements

In order to be eligible as a Member-Elected Director on the AMSA Board, a candidate must:

1. Reside in the region for election
2. Have been a Shedder for 12 months or more
3. Been a member of an AMSA member Men's Shed, where that Men's Shed has been an AMSA member for 12 months or more, and is also located in the region for election
4. Must be nominated by an AMSA member Men's Shed
5. Must be seconded by an AMSA member Men's Shed
6. Must be eligible to be a Director under the Corporations Act.

Key Dates

3 June 2019	Nominations from regions to be elected open
31 July 2019	Last date for nominations to be lodged to Company Secretary
14 August 2019	Notification to AMSA members of all candidates
26 August 2019	Commencement of election period, if required <i>Not required where only one candidate</i>
October 2019	Finalisation of election, all votes to be lodged to Company Secretary
October 2019	Announcement at AGM of Elected Directors

To submit your nomination as Member-Elected Director, please complete the Member-Elected Director Nomination Form and return to:

Company Secretary board@mensshed.net	OR	Company Secretary Australian Men's Shed Association PO Box 739 THE JUNCTION NSW 2293
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Please direct any questions to board@mensshed.net, attention to Relieving Chairman John Sharples.



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Grants & Funding

National Shed Development Programme

Round 18 outcomes were announced by the Minister for Health, The Hon Greg Hunt, on Saturday 16 March. The AMSA website has a range of documents available regarding successful applicants and statistical data.

Round 19 The opening date has not been finalised with the Department of Health but all members will be notified when the schedule has been completed

Energy Efficient Communities Program will open in September and deliver \$50 million of grants to assist business and community organisations to improve energy efficiency practices and technologies and better manage consumption to reduce their power bills. The funding will support activities such as equipment upgrades that reduce energy consumption -solar panels, batteries, solar hot water.

For more information: <https://www.energy.gov.au/government-priorities/energy-programs/energy-efficient-communities-program>

Foundation for Rural and Regional Renewal – Tackling Tough Times Together: Up to \$60,000. Various rounds. For more information: https://www.frrr.org.au/grants/tackling_tough_times_together

Foundation for Rural and Regional Renewal -Strengthening Rural Communities - Small & Vital grants (up to \$10,000). For more information: https://www.frrr.org.au/grant_calendar.php

Qld Gambling Community Benefit Fund (GCBF) Round 101 is now open and will close **at 11.59pm on 31 May 2019**. For more information: <https://www.justice.qld.gov.au/corporate/initiatives/community-grants>

2019 NAIDOC Grants Funding Round For more information: <https://www.pmc.gov.au/indigenous-affairs/grants-and-funding/naidoc-week-funding>

NSW My Community Project Funding Program: The project sponsor will deliver the project if it is funded, and could be the local council, community group, sports club, charity or school. Have you got a great idea to improve your local community? **Opened 2 April and closes 15 May**. For more information: <https://www.nsw.gov.au/improving-nsw/projects-and-initiatives/my-community-project/>

2019 Queensland AMSA Men’s Sheds Grants Programme: AMSA was the beneficiary of Hand Heart Pocket the Charity of Freemasons Queensland’s inaugural 2018 Father’s Day Appeal, which saw Masonic Lodges and Shedders unite to focus on their mental health and wellbeing. At the culmination of the Appeal, AMSA was presented with a \$150,000 Significant Grant to support Men’s Shed activities as well as health and wellbeing programs in Queensland in 2019.

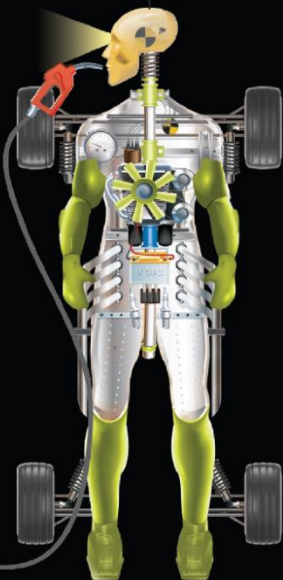
The 2019 Queensland Men’s Shed Grants Programme is being delivered by AMSA who will distribute \$100,000 directly into Qld Men’s Sheds via this competitive grants programme. **Applications close Friday 24 May 2019**. For more information: <https://mensshed.org/2019-qld-amsa-mens-shed-grants-programme-now-open/>

Total Tools Men’s Shed Gold Insider Programme

We apologise for some registration issues that have occurred in relation to AMSA members accessing membership to the Total Tools Insider Gold Loyalty Programme. We are currently working with Total Tools to rectify these administrative issues and will provide a confirmation of registration and further details very soon.

If your shed has not yet registered to participate in the Total Tools Men’s Shed Gold Insider Programme, visit our website to register or find out more: mensshed.org/totaltools.





Your annual service is due.

Book in an annual service with your GP this Men's Health Week and jump on the road to better health and wellbeing.

malehealth.org.au

Men's Health Week



HEALTHY MALE
ANDROLOGY AUSTRALIA

Your annual service is due this Men's Health Week

Annual International Men's Health Week is almost upon us, and this year we're encouraging blokes to book in for their annual service. Many Men's Sheds are holding health events during the week and we encourage you to do a bit extra to promote a proactive approach to health to your members and community.

Contact us if you'd like to utilise our *Spanner in the Works?* health promotion resources during Men's Health Week.

Resources can also be ordered from the Men's Health Week website: menshealthweek.org.au.

8th National Men's Shed Gathering

Early bird registrations are now open for our 8th National Men's Shed Gathering.

The 2019 conference theme, *Our Community*, will include traditional conference content on Men's Shed operations and best practice, health & wellbeing, workshops and demonstrations, a robust social programme and an acknowledgment of the increasing positions Men's Sheds have within their communities.

Visit the conference website for more information and registration details:

dconferences.eventsair.com/mensshed2019



What's on?

May	10	Turool Kore Men's Health Day Newcastle Foreshore Tram Sheds, NSW
June	10 – 16	Men's Health Week
	12	Western Riverina Regional Men's Shed Gathering Leeton Men's Shed, NSW
	12 & 13	Coral Coast Men's Health Gathering Coral Coast Men's Shed, QLD
	13	Check the Male with East Malvern Men's Shed Malvern Town Hall & Banquet Hall, VIC
	15 & 16	Men's Health Expo Carina Men's Shed, QLD
	19	Red Apple Day Bowel Cancer Australia
July	13 – 20	National Diabetes Week Diabetes Australia
August	5	CRC Industries Open Day Castle Hill, NSW
		National Men's Shed Awards Nominations Close
September	10 – 12	8 th National Men's Shed Gathering Morphettville Racecourse, SA
	12	R U OK? Day R U OK?
	23 – 29	Men's Shed Week Australian Men's Shed Association
October	26 – 3	Veterans' Health Week Department of Veterans' Affairs



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