

# Noosa Men's Shed Newsletter

May 2018



Web: [noosa-mens-shed.org.au](http://noosa-mens-shed.org.au)

Facebook: [NoosaMensShed](https://www.facebook.com/NoosaMensShed)

Member of: Australian Men's Shed Association and Queensland Men's Shed Association

## Another Quick Month

This last month went quickly at the Shed because of activities such as:

Fishing trip.	Brick collecting.
Bookfest volunteering.	Test & Tag program.
USC dietetic student attachment	Donation of mitre saw.
Cobbers' Shed extension.	Cooking course began.
Marathon volunteering.	Cantilever roof extension.
Sales of native bee boxes.	Pizza oven installed.

All these and more happened in May in addition to the usual Shed activities. *(There is no truth to rumours that Shed sleeping accommodation is being built for a number of blokes).*

The best part of any day at the Shed is always the comraderie and fellowship displayed at **morning tea** time. If you are not sure what I mean, please drop in and see for yourself.

Our next main volunteer effort is to support the **Noosa Hill-climb** on 9/10 June. We now have a good number of volunteers but more are always welcome. The positive feelings gained from these volunteer events benefit us as people and are great for the Shed's collective reputation and bank balance.

On 13 June we have the annual "**Spanner in the Works**" men's health day at the Shed. See more details later in this newsletter. Owen Curtis has put a lot of work in putting this event all



<b>President:</b>	Paul Asbury
<b>VP</b>	Ian Broadfoot
<b>Secretary:</b>	Stewart Neuss
<b>Treasurer:</b>	Steve Phillips
<b><u>Committee</u></b>	
<b>Membership:</b>	Peter Magarry
<b>Long Shed:</b>	Des Valentine
<b>Woodwork:</b>	Tony Sievers/David Heckendorf
<b>Metalwork:</b>	John Berghauser
<b>Arts &amp; Music:</b>	Phillip Morgan
<b>Hobbies &amp; Asst Treasurer</b>	Laurie Kelly

together and we are indebted to him and Dr Crosby Rehtin for it

On Wednesday, 27 June there is an "**End of Financial Year**" lunch being planned by Des & David. Bring your partners and show them what you have been doing at the Shed.

Check out the list of **Dates & Events** on Page 2. I suspect June will go just as quickly for us all. The main thing is to enjoy it.

The Shed has a number of staghorn & elkhorn growing in the gardens.

A good source of needed potassium is banana skins.

Please feed the skins to the plants, not the bin.

*Ged and Heidi, dietetic students from USC, discussing healthy eating with Owen and Roy.*

# Important Dates & Events

<b>Mon, 4 June</b>	<b>Sausage Sizzle</b> at Bunnings Noosa	Co-ord by Tom Gittings
<b>Wed, 6 June</b>	<b>Photography course</b> begins in the Studio.	Co-ord by Phillip Morgan
<b>Sat &amp; Sun, 9 &amp; 10 June</b>	<b>Noosa Hill Climb (Winter)</b> - volunteers for Noosa Beach Classic Car Club.	Co-ord by Jerome Stuart
<b>Wed, 13 June</b>	<b>Spanner in the Works</b> health fair, including lunch + <b>Dr Helena Popovic.</b>	Co-ord by Owen Curtis
<b>Tues, 19 June</b>	Visit by : <b>Noosa Community Gardens Inc.</b> 9 –11 am.	NCG President Tara Roze
<b>We, 27 June</b>	<b>"End of Financial Year" lunch.</b> Partners welcome.	Des & David
<b>Mon, 2 July</b>	<b>Sausage Sizzle</b> at Bunnings Noosa	Co-ord by Tom Gittings
<b>Tues, 10 July</b>	<b>Committee Meeting</b>	Co-ord by Stewart Neuss
<b>Mid July</b>	<b>General Shed Talk on tyres</b> by Graeme, Service Manager of Bob Jane Tyres	Co-ord by John Williams



**Banana Suckers.**  
The banana trees in the top garden have produced more suckers than we can use.

If you would like some to plant at home, please see **Mike Nixon.**



*Collecting bricks from Wimmers Soft Drinks, Cooroy*



*David testing his marine engine, just before a welsh plug blew out.*

## Shed Opening Hours

Monday	12:30 - 3:30	Woodwork *
Tuesday	08:00 - 12:00	All Activities
Wednesday	08:00 - 12:00	Woodwork *
Thursday	08:00 - 12:00	All Activities
	1:30 - 3:30	Shed Band
Saturday	08:00—10:00	Gardening & Coffee

\* *Lots of elbow room on these days.*

**Hill Climb Dates. 9 & 10 June and 10 & 11 Nov.**  
These provide some fun for the Shed volunteers and funds for the Shed. Not too late to volunteer.  
**Jerome Stuart** is the coordinator.



**The electrical safety “Test & Tag” program** for the Shed is well on the way to being finalized, thanks to David Kumeta and Michel Vogeli. Two points arising from this:

**Some of the tags** may lose their adhesiveness and separate from the appliance. If found, please return the tag to David as each tag can identify the particular appliance and be re-fixed.

**When new equipment** is introduced to the Shed, please ask David or Michel to “Test & Tag” it first.



**Volunteers Jim, Neil and Jerome on their way to their jobs for the Runaway Noosa Marathon**



## Noosa Sea Scout Car Boot Sale 24 June

**As a fundraiser for the Scout Jamboree**, Noosa Sea Scouts are putting on a car boot sale at the scout grounds in Noosaville, so if you wish to sell some things please book a site or visit and buy..

Also they will be putting on a Food stall - BBQ and snow cones.

If you can play an instrument you are more than welcome to busk to raise money

There is a Facebook event page -Noosa Sea Scout car boot sale

<https://www.facebook.com/events/1670219803026723/>





**Bookfest volunteers**



**David building native bee boxes**



**Phillip at work in the Studio**

**Gavin's garden**



**Frank, Tom & Rod cutting roof sheets**



**Noosa Engineering & Crane Hire moving the pizza oven**

### **Useful Information:**



Below is a link to a page which is part of a **Qld Govt website** that helps seniors **find discounts**. The Shed is publishing the link simply as possible useful information for members.

<https://secure.communities.qld.gov.au/chiip/businessSearch/SearchDetails.aspx?OutletID=29102>

If you think there is some really useful information out there that may be of interest to our members through the newsletter, could you please send the URL link details to **Peter Magarry** at [pmaga@ozemail.com.au](mailto:pmaga@ozemail.com.au) who will coordinate the column content for the newsletter.

## The Bowyang shed story (Part 3) – The Grand Opening at Bowyang

Having finished the, you beaut, Titan shed with Jackie's timely endowment, member's thoughts turned to the possibility of a grand opening. President Bushy was agreeably supportive. It would be the 15 minutes of fame he'd always dreamed about. The others were less sure. Bushy's a good talker but if we have polite company, how will we shut him up? A vote was taken at smoko and the go ahead was given.

Invitations went out to Black Stump and some sheds on the north coast, including Noosa. The zone rep, whoever he is, said he'd be coming and bringing lamingtons for morning tea. Then the phone calls started. Big cheeses from down south and Brisbane, said they were keen to attend and *'help us understand what sheds were all about'*. Country hospitality precluded any refusals.

The southerners said they had developed a new set of regulations for sheds to follow thus helping avoid difficulties with council approvals, occupational health and safety, gender and equality issues, unruly behavior, certification to use tools, men and women's health, etc., etc. One hundred and eighty, easy to understand, pages they said. Struth, we only had three pages of constitution and shed rules and no one could find them. One bright spot was this input reminded us we still hadn't applied for a material change of use for the old power station site. Have to do that next year!

The other mob, from Brisbane, had a different offering including advice on how to beg for money and a great computer based system for keeping shed accounts. They said they wanted to do a *'power point presentation'*, whatever that is.

Con, who was once again treasurer, was alarmed. He'd been a station bookkeeper for over 40 years and said he knew everything we needed to know about keeping accounts - with a pencil and paper if you don't mind. Proof of the pudding, he said, was that in all his years, even good seasons, none of his stations had ever paid income tax but the owners kids had gone to Kings School or St Margaret's. The stock numbers, wages, kitchen kill, road kill, fencing wire, star pickets and the overseer's rum had always been reliably recorded and the owners never missed an annual holiday to the Brisbane Ekka. What the hell would we do with a computer based accounting package?

The great day arrived. The southerners dropped in, by Cessna 210, to the airstrip on Warner's place and were delivered to the shed by Merv who was wearing his Sunday best RM's, shone to perfection. The chief big cheese was all 'John Howard gone outback style' complete with profuse handshakes and good cheer. No consumables though.

The Brisbanites turned up in a dusty Tojo pulling a trailer loaded with cartons of XXXX, complements of the Lion Nathan brewery. Geez, didn't that make a good impression.

Then the morning tea ran well over time so it was decided to open the cold room, hand around a few tinnies, have the BBQ and deal with the formalities starting at 2pm. As predicted, Bushy's address droned on for half an hour. The southern big cheese was next. Fair enough speaker, few good jokes, empathy with the women but the boys were already nodding off. The blokes from Brisbane had serious difficulty with the power point thingo so they decided to wing it. None of our lot understood a thing they said. Just when everyone was ready to return to the hospitality area things livened up. The visitors were exchanging rude remarks. Sledging in the South Africa cricket test was mild by comparison. Then it became physical, punches were thrown, chairs smashed and our guys felt an urgent need to join in. Not that they took sides - all strangers were fair game. Most blows were pretty ineffective. When the dust settled, no one could pin-point the culprit or even remember what insult triggered the debacle.

In desperation, Flo mounted the temporary stage, pulled the silk cord and unveiled the plaque while using her school bus driver bellow to declare the shed officially open. Thus, peace was restored, bandages were handed around amid sheepish grins. Earnest consumption of the remaining XXXX resumed and lasted well into the evening. The visitors trickled away, except for the blokes from Noosa who'd brought their swags and a large quantity of 'emergency supplies' to share.

Bowyang had never seen the like. Memorable. Although, next day, none of the members could recall the names of the blokes from the deep south and Brisbane, let alone what they had actually said. No matter, the pile of cans near the recycling bin was evidence of the highly satisfactory nature of the event.

The boys at Bowyang now feel the need for an even bigger cold room, solar powered with battery back-up. Probably build a special annex to house it, if a grant can be obtained. Course, there will have to be another opening. Visitors better come with really large trailers. None of this 'fly in' nonsense.

The girls are reconsidering their commitment to such a rough and uncouth outfit as the Men's Shed. Discussions about starting a *She Shed* are rumored.





## Positions Vacant:

We are looking for three members to be back-ups for:

- ♦ **Assistant Secretary,**
- ♦ **Assistant Membership Officer, and**
- ♦ **Assistant Chef.**

None of the positions are committee positions, but all are very important roles in helping to run the Shed.

***Interested - talk to:***



**Secretary**

***Stewart Neuss***



**Membership officer**

***Peter Magarry***



**2ic Kitchen**

***David Rodgers***



***Tess Alexandroff, president, Rotary Club of Noosa with Tony Sievers, leader of the Woodwork Shed during the presentation of the compound mitre saw to NMS.***



***Stewart Wood, president of Rotary Noosa Day-break, presenting a welcome Bookfest volunteer cheque for \$600 to Paul Asbury, president NMS.***

**The Key To Safety Is in Your Hands.**

**The choices are yours to make at the Noosa Men's Shed:**

**Woodwork, Metalwork, Building, Art, Electronics & Computers, Leatherwork, Gardening, Bee-keeping, Inventors & Innovators, Fishing, Band, Walking, Sailing, + Kitchen Humour.**

## Spanner in the Works, Wednesday, 13 June 2018.

This is a very interesting day where you can:-

- ◆ Undertake fitness tests based on your age which provides you with insights into areas you should perhaps be investing energy - strength, power, flexibility which will assist you keeping living independently
- ◆ Identify your falls risk - and falls can result in fractures, immobilisation, respiratory challenges and even death
- ◆ Work through the Spanner in the Works program with a health professional and identify where you could seek further information in order to remain healthy
- ◆ Share with mates your results and secure 'bragging rights'
- ◆ Attend the *free lunch* and listen to **Dr Helena Popovic** who will be talking about '*Supporting people living with Alzheimers*'. Dr Popovic presented at TEDx Sydney 2017 and....

Dr Helena is a regular guest on Channel 7's *Daily Edition* and Channel 9's *Morning Show* and *Today Extra*. She has also been featured on Channel 10's *The Project* and *The Circle*.

Dr Helena joined *Talking Lifestyle* Radio 2UE Sydney and 3AW Melbourne for 12 months to create a weekly podcast on how to take control of our health.

She also frequently appears on ABC radio, Sydney 2GB, Canberra 2CC, Brisbane 4BC, Adelaide 5AA, Qantas inflight radio, *Mindfood* radio and Community Radio Network Australia *The Conversation*.

**Feel free to bring along your partner** to listen to Dr Popovic's fascinating insights around this vexing issue! **And share the FREE lunch sponsored by the Australian Men's Shed Association.**

A range of organisations will be at Spanner in the Works and you will be able to ask questions around Diabetes, Prostate Cancer and Care, Mental Health, Immunisation and Oral Health, or have a hearing test through Australian Hearing.

Contact **Owen Curtis** for an appointment on the Day. **Appointments are necessary, and spaces are few!** *After your appointment times are advised to you, please be on time.*



***The Mark 1 flue on the pizza oven.***



***The Mark 2 flue on the pizza oven.***

**Both on the same day.**

***(Morale was high amongst the non-engineer shedders on Thursday, 31 May).***

***"We told you so!"***





David and Des wearing their new embroidered aprons donated by Graeme.



Stacking donated paving bricks which miraculously appeared the night before the crane arrived to move the pizza oven. :)

**Congratulations to new grandfather David Rodgers.**

**Please support these Major Sponsors & Supporters who have helped us generously over the past three years:**



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<b>DRM CONSTRUCTION</b>	BUILDING CONSTRUCTION	0407 227 618	
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Editor: Paul Asbury—1 June 2018