

NOOSA SHED NEWS LETTER



February 2016

President's Message

"Don't Retire—Rewire"

We are indeed privileged to be part of such a vibrant and active men's shed, are we not? I have visited probably 70-80 sheds from Queensland right through to Tasmania over the last 10 years, and we can be very proud of the way we are developing at NOOSA MS. Not only are we working together toward some first class facilities, but we have an amazing spirit of cooperation and comradery among us. As most of us are now in the third trimester of our lives, the shed environment offers us a place where we can try out "rewiring" our thinking and risking doing things differently from the way it was in our working lives. Why not try leaving the old ways of bosses and time pressure at the gate when you come to shed. As Wayne Bennett says in one of his books— something like— if you always do what you've always done, you will always get what you've always got.

Some members are already finding new interests and are trying new things like wood turning or building a retaining wall, which they have never tried before. Soon you will be able to try your hand at welding and later maybe even leatherwork, or upholstery, or painting a picture, or cooking. So, it's all about the courage to "re-wire". And maybe having fun in the process

Rewiring might even go as far as not having a schedule at all for the day even at home. That could be dangerous—or it could turn out to be very exciting. Our visiting physiotherapist pointed out to us that stress and anxiety are contributing factors in our physical health and can show up as back pain or organ malfunction. He might even be right there. Happy shedding.

We now have our own Ride-on Mower

Ron Blackman noticed that it took considerable effort to mow the "Oval" in the front part of the shed grounds—particularly in the hot weather.

So Ron organized Noosa News to come out and take a photo and do an article on our need in this area. The response from the Noosa public was swift and we had several offers, of a ride on. We now have a very impressive mower which will do the job beautifully. Others received will be done up for sale. Well done Ron!



Hans Lindeman getting instruction at the hand over from the previous owner



Noosa Men's Shed Golf Day

Change of date;

It will now be held on
Friday afternoon **September 19**
More details next month's Newsletter

Inventors Group.

Col Staun is an experienced inventor and will lead this new activity at the shed. If you like investigating technical problems to create devices to make our lives easier this group could be for you. Put your name down on the sheet at the shed and we will begin in a few weeks. This group will meet once a week and will move into the Studio when it is finished

Einstein's comment: "There is a major difference between intelligence and stupidity; intelligence has its limits."



Our happy walking group (only six walking today) who set off each Tuesday morning for a half hour easy walk to various locations near the shed. If you would like to join them just show up at the Shed on Tuesday morning.

From now onwards, they will return to their 8am start time.



Owen Curtis has arranged a talk each month on various health related issues which men of our age might experience. This month, Rob Major a Physio-therapist spoke to 20 shed members on managing back pain. The next talk is on March 16 and will be on cardio vascular issues. Please come and join us

SAFETY SPOT

As you are aware the committee does not wish to impose a strict totally enforceable safety regime. We believe that the choice should be left to the individual. However, with that said, there have been some glaring examples of where members have shown a disregard for their safety.

Examples of instances when members should look at personal protective equipment and other safety ideas include:

Wearing gloves when handling timber, corrugated iron and burning off material

Wearing eye protection when using grinders, lathes and saws (this applies to the Woodwork and Metalwork shops)

Working on ladders that are not restrained.

All personal protective safety equipment is readily available at reasonable prices at stores such as Bunnings.

At it's February meeting the committee approved a set of Safety Guidelines that you will see around the Shed. Please take time to read what has been approved and more importantly **REWIRE** yourself to ensure that safety is part of your thinking so that you can enjoy your time at the Noosa Men's Shed and go home the way you came with nothing missing.

Jerome Stuart—Shed Safety Coordinator

Meet two Multi-talented members

Jim Barrass

After a career involved with a number of governments and large organisations, retired at 55 and set off to sail the Seven Seas with Judy. Sailed only two, before settling in Noosa, where I began painting large abstracts as decorator art; writing about sailing and boat and building renovations; and constructing model buildings with the intention of exhibition. I spend some days trading on the stock market and teaching folks how to lose money; as well as PC and network building and maintenance. Only a bureaucrat - don't expect any ability!

Conrad Becker

Dip Eng Welding (RMIT) Dip Tech Teaching (HIT)
BEd (Latrobe Uni)

Apprenticed at my father's engineering factory before being conscripted into national service, and served one year in Vietnam with 7RAR. Returned and ran my father's engineering factory for 3 yrs before leaving in a Combi van for 6 months to places like the Gulf of Eilat. . Came back to Australia and started my maintenance company and back to night school specialising in all forms of pressure welding. With our first son on the way, I was approached to apply for a teaching position and spent 20 yrs teaching all forms of welding including inspection, welding metallurgy. I retired and we bought a patisserie where my maintenance skills came in handy I also learnt to be a pastry chef. After seven years decided to retire. However after six months we got restless and purchased an Italian restaurant called L'Aperitivo and after four years we decided to change our cuisine to French and it was called New Provence. I was mainly the maintenance man also a Barista and the Maître D. We sold after five years and decided to move to Noosa where we enjoy FWD in the national parks and our ability to improve our hobby of photography

Teacher Arrested At Sydney International Airport

A high school teacher was arrested today at Sydney's Kingsford-Smith International airport as he attempted to board a flight while in possession of a ruler, a protractor, a compass, a slide-rule and a calculator.

At the press conference, the Attorney General said he believes the man is a member of the notorious extremist Al-Gebra movement.

He did not identify the man, who has been charged by the AFP with carrying weapons of maths instruction.

'Al-Gebra is a problem for us', the Attorney General said. 'They derive solutions by means and extremes, and sometimes go off on tangents in search of absolute values.' They use secret code names like "X" and "Y" and refer to themselves as "unknowns"; but we have determined that they belong to a common denominator of the axis of medieval with coordinates in every country. As the Greek philosopher Isosceles used to say, "There are three sides to every triangle."

When asked to comment on the arrest, a federal politician said, "If God had wanted us to have better weapons of maths instruction, He would have given us more fingers and toes."



The building crew at work on the Craft Studio Building lead by Ray (far left)

Building Progress

- **Metal Shed** — Is looking amazing with all machinery in place, safety markings on the floor, and wiring complete including fans and lighting. Final touches being done and it will be ready for general use as soon as we get the word from the Metal Shop leaders
- **Craft Studio** — Framing now complete, roof going on and rough wiring about to start. We can now imagine what this will be like once complete.
- **Ex-Army Building** - Funding from Noosa Council for the slab is now available and site levelling is done. Once the ground settles, the slab will be poured and the building will start going up.

I really dislike calling it the “Ex-Army Building”.

So far I have had the following suggestions:

“The Shack”, “The Barracks” , and “The Bunker”

Any support for any of these, or any other suggestions

before we make a decision?

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