





# April 2016

## Our final building (for now) about to be built

### We begin the assembly of The Long Hut

The Long Hut is finally about to be unpacked from the boxes it has been packed in since 1975 and it will take up it's position on our shed campus. Instead of going to Viet Nam, its new home will be on the Noosa Men's Shed campus. The site has been cleared, the Bobcat work completed, and the survey pegs

are in place and the rough plumbing positioned.

The concrete slab is about to be poured. Putting it up by our members will follow soon.



We are fortunate to have John Pritchard as a member of our shed. He is still a registered plumber and has completed the rough plumbing for the toilets and kitchen which will go into our shed. However, there are always a few surprises under that layer of sand and here John needed his trusty jack hammer to remove a piece of buried concrete which was in the way of the pipe which is now connected to the main sewer line

Below are some photos of an existing shed up at Toogoom. We now have a good idea of what is possible inside our Long Hut





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## The Studio nears completion



**Wedding Cart** 



### Monthly Men's **Health Information** Session

On Thursday April 14, we had another of the very informative session—this time on Diabetes. Judging by the number of questions and engagement of our members, everyone found this very useful.

Next month on May 18, Owen has organized our next information session on CPR. Everyone will have the opportunity to get up dated on the latest techniques in this ever evolving health area

#### A Reminder.

The Woodwork Shop is now open for general use on Tuesday, **Wednesday and Thursday 8am** to 12pm.

If you have experienced crowded conditions on Tuesday of Thursday, there is now plenty of room with leaders available for assistance on Wednesday as well

#### Another Reminder

Please don't work alone anywhere on the shed site. If you there out of hours, please bring someone with you. If you are alone and had a accident. getting help could take precious time to get help to you

#### INVENTORS AND INNOVATORS GROUP

This group is now up and running and we have started to work on some interesting problems. At the moment we are meeting in the lunch area after morning tea on Tuesdays. We will likely start using the Studio when it is finished.

## Raffle

We have recently launched a shed raffle which will be drawn in June at the shed. Tickets are \$1.00 and the winner can choose either of the prizes shown in the photos. Both of these prizes have been made by our shed men. The dolls house basic structure was donated with the aim that it be finished and raffled to raise funds for the shed. Davo Wilson has patiently finished the dolls house and it would make a great gift for some little girl.



The child's table and chairs were expertly made by Ian Broadfoot. Both prizes are valued at \$250.



If you could take and sell a book of 20 tickets it would be appreciated. They are available at the shed.

Major Sponsors of our shed



Queensland







#### Meet our Secretary, the pivot point of our shed

#### Neil Watt

I was born in Lismore on the north coast of NSW in 1949 and attended primary and secondary school in the area. My parents owned a dairy farm which is why I have had an interest in rural issues ever since.

After two years working in the banking industry, I obtained my first position in Local Government. I spent the next forty years employed by various councils in finance and management positions around NSW, retiring after eighteen years as General Manager of Cooma - Monaro Council. During my career, I was fortunate to be able to work with politicians at a local, state and federal level as well as community groups and peers. I was Secretary of organising committees' for the Bicentenary, Centenary of Federation, Sydney Olympics Torch Relay and many other events. During this time I gained required qualifications in Local Government and completed a Master of Business Administration by on-line learning. Since my resignation in 2007 I have luckily survived a brain tumour and with my wife Marg, have travelled extensively throughout Australia in our motorhomes "Winnie" and then "Horrie". Whilst in Cooma, I continued my involvement as Director/Secretary of a community call centre and as a community representative on an aged care management committee.

Marg and I have two daughters and four grand-children. We have always been active people and over the years have enjoyed squash, snow skiing, long distance running, surfing and gym sessions. In 2014 we moved to Noosaville, after Marg retired, and have not regretted the decision. In January 2015 I joined Noosa Men's Shed and as they say, the rest is history.

## Depression

# Meet our Treasurer, the controller of our finances, Laurie Kelly

I was born and raised in Geelong, started my first job at 16 with the PMG Dept. as a Tech-in-Training then went into National Service for two years.

After the Army, I married Josie, Owner Built a house in Geelong, got a job in Melbourne then moved there and built a second house. I was initially working as a Computer Technician and worked my way up to State Service Manager where I stayed until moving to Brisbane in 1991. We had two children while in Melbourne - Rachel and Bradley who are now 39 and 33. It took me five years to get a real job after moving to Brisbane (I was an old bloke, 44) and luckily I got work as a Network Analyst at TVNZ where I stayed until I retired in 2015.

### Starting a new shed activity

Our shed is full of talented people. With the Studio soon to be ready for use, if you would like to lead an activity in your area of interest, please put up a sheet on the notice board outlining your activity. Interested members will sign the sheet, and once approved by the committee, your group can get started.

After 8 weeks, we can continue or by agreement, you can stop there.

#### It's your shed, so it's up to you to make it happen

An 80 year old lady had just been married for the fourth time – this time to a funeral director. When asked about her first three husbands, she said in her 20's she married a banker, in her 40's to a circus ring master, and in her 60's to a preacher. When asked about the great diversity in the careers of her four husband, she paused thoughtfully and said — wait for it — "one for the money, two for the show, three to get ready, and four to go"

Depression is not a topic which we men admit to very readily. However, It has come to notice that depression is an issue that some of our members are combatting. Even at our age, we all go through highs and lows. If that low goes on for a week or more, it is time to talk to someone about how you are feeling. Just sharing your feelings with someone can make your load seem so much lighter. Our slogan in the Men's Shed movement is "men don't talk face to face, they talk shoulder to shoulder". So to combat this problem please feel free to either discuss the matter with a mate at the shed as you work shoulder to shoulder, or any of the 10 members of your Welfare Team lead by Ron Blackman. (Names are on the shed notice board)

In the event of the problem being severe please ring either of the following two organisations which have 24 hour counselling by trained personnel to help those suffering from depression.